## Prevention Pilot Programs for Children & Families Kickoff Meeting





humanservices.arkansas.gov

### **Background and Goals of the Pilots**

Beginning in 2022, DHS began a comprehensive service review utilizing American Rescue Plan funding that was provided directly to State Medicaid Agencies. DHS is emphasizing the need for prevention services for the State in order to improve early detection and intervention.





### Agenda

### 1. Big Picture: Roadmap to a Healthier Arkansas

### 2. Overview of the 4 Pilots

- a. Prevention, Stabilization and Support Project for Young Children (PSSP-YC) Pilot
- b. Family in Transitions (FiTT) Pilot
- c. Comprehensive Screening and Assessments for Children (CSAC) Pilot
- d. Family Centered Treatment (FCT) Pilot





### Roadmap to a Healthier Arkansas- 2024

- Report outlines DHS' plans for an improved care continuum over the next five years, using American Rescue Plan funding.
- Focuses on filling gaps across the whole system for specialty populations relying on Arkansas Medicaid, instead of fixing single issues as they arise.
- Today, the most significant gaps relate to prevention, integrated crisis services, and stabilization/recovery services.

The Prevention Pilot Programs for Children & Families addresses the need for prevention services in the care continuum.





### **Pilot Facilitators**



#### Prevention, Stabilization and Support Project for Young Children (PSSP-YC) Pilot

Pilot Facilitator: Partners for Inclusive Communities

#### Family in Transitions (FiTT) Pilot

Pilot Facilitator: Partners for Inclusive Communities

#### Comprehensive Screening and Assessments for Children (CSAC) Pilot

Pilot Facilitator: Partners for Inclusive Communities

#### Family Centered Treatment (FCT) Pilot

Pilot Facilitator: Family Centered Treatment Foundation





### **Partners for Inclusive Communities**



#### Who are we?

Arkansas' University Center for Excellence in Developmental Disabilities Education, Research & Service (UCEDD)

#### What do we do?

One of a network of 68 Centers across the country whose collective mission is to advance policies and practices that improve the health, education, social, and economic well-being of all people with developmental and other disabilities, their families, and their communities

### What is our university affiliation?

We are part of the University of Arkansas, Fayetteville College of Education & Health Professions



### **Prevention, Stabilization and Support Project for Young Children (PSSP-YC)**

Target population: Children birth through 6th grade who are at risk of losing placement due to behaviors.





#### **Primary Objectives**

Provide support in homes, early care and education sites, and elementary schools.

**Collaborate with public schools and Childcare** Aware sites, Local Leads, and other Medicaid providers to provide Family Support Partners in designated areas.



### Families in Transition Teams (FiTT)

Target Population: Children experiencing a major transition (entering/exiting foster care, being adopted, being discharged from residential treatment, etc.), at risk of being committed to juvenile detention, and/or exiting the juvenile justice system.





#### **Primary Objectives**

Collaborate with community-based providers to offer non-traditional supports.

Family-to-family peer supports, respite, wraparound services.

Support for expanded credentialling of local professionals.



8



### **Comprehensive Screening and Assessment for Children (CSAC)**

Target Population: Children in Arkansas who are in need of an assessment or an in-depth differential diagnosis.





#### **Primary Objectives**

Expansion of screening and differential diagnostic services across the state to provide accurate and early identification of issues that impact a child's behavior and learning.

Training, mentorship, and support from a statelevel interdisciplinary team to local teams.





### **Comprehensive Wrap-Around**





### **Comprehensive Wrap-Around**

The six pilot sites are strategically located to provide services to areas in need.



### **Pilot Sites**

- Russellville (Pope)
- Harrison (Boone)
- Horatio (Sevier)
- Warren (Bradley)
- Batesville (Independence)
- Little Rock (Pulaski)



### **Family Centered Treatment Foundation**



#### Who are we?

Family Centered Treatment Foundation, Inc. is a non-profit organization dedicated to keeping families together and children safe at home.

#### What do we do?

Family Centered Treatment Foundation is the owner of an evidence-based family preservation treatment model, Family Centered Treatment (FCT) and the related training program, Wheels of Change.

#### What is FCT?

FCT is an evidence based, intensive trauma treatment model of home-based family therapy. Getting to the functions of behaviors rather than simply treating the symptoms is at the crux of FCT and an important reason why the model is effective with youth/families. Additional influences for FCT have been derived from the peers helping peers models that focus upon effective connection and engagement based upon conveying a sense of worthiness, dignity, and respect.





### **Family Centered Treatment Pilot**

Target Population: Youth who are transitioning from institutional settings, have multi-system involvement (behavioral health/mental health, child welfare, juvenile justice), and/or have family functioning stabilization needs.





#### **Primary Objectives**

Designed to treat the youth's behaviors by increasing family health and well-being and promoting attachment and resiliency.

Stabilizing families, preventing treatment in institutional settings, and supporting youth who are transitioning back home after treatment in an institutional setting.





# Q & A



### We Care. We Act. We Change Lives.





humanservices.arkansas.gov