



Division of Medical Services P.O. Box 1437, Slot S401 Little Rock, AR 72203-1437 P: 501.682.8292 F: 501.682.1197 HUMANSERVICES.ARKANSAS.GOV

# MEMORANDUM (DMS-20)

To: Autism EPSDT Providers

From: Division of Medical Services (DMS)

Date: March 31, 2020

Re: Use of Telemedicine to Provide Applied Behavior Analysis (ABA) Therapy by a BCBA during COVID-19 Outbreak

## Amended on May 7, 2020

As authorized by the Governor's Executive Order 20-06 and Order 20-16, regarding the public health emergency concerning COVID-19, and power delegated to the Governor by Arkansas Code Annotated § 12-75-114, the following agency rules are identified as preventing, hindering, or delaying the agency's ability to render maximum assistance to the citizens of this state and are hereby suspended for the duration of the declared public health emergency, unless otherwise stated.

The telemedicine services described below for Applied Behavior Analysis (ABA) became available and billable on April 3, 2020, and will be retroactive to dates of service, March 27, 2020. The services are available to established patients only.

In response to the COVID-19 outbreak in Arkansas and consistent with CMS's coverage and payment for COVID-19, DMS is suspending the prohibition on use of telemedicine technology for limited Applied Behavior Analysis Therapy services provided to established patients during the COVID-19 outbreak and the declaration of public health emergency. This addendum expands allowable telemedicine services to include services provided by licensed BCBA or BCBA-D.

### <u>97155 EP</u>

Adaptive behavior treatment provided by a BCBA or BCBA-D. Individual adaptive behavior treatment by BCBA, face-to-face with the patient and may also include caregivers. This includes implementation and modification of treatment the plan. This may also include simultaneous direction of technician.

### All units are prior authorized.

## <u>97156 EP</u>

Family adaptive behavior treatment, provided by a BCBA, face-to-face with parents and/or caregivers. Family sessions should address education of the parents or caregivers on the patient's plan of care, specific objectives, treatment approaches, etc. as they relate to the individual client's ASD symptoms and how to address them in the patient's natural environment.

### All units are prior authorized.

To bill for this service, the BCBA must document that the parent or caregiver was present with a beneficiary.

The service may be provided at the same rate as the regular "face-to-face" rate. All services must be prior authorized by eQHealth Solutions.

BCBA is a licensed clinician that may perform telemedicine under the scope of their license.

To allow for continued therapy services for established patients during this time of social distancing, DMS is lifting the requirement that the beneficiary be located at a healthcare facility (originating site) to receive telemedicine services for the following services only:

- Adaptive behavior treatment provided by a BCBA or BCBA-D
- Family adaptive behavior treatment guidance, by a BCBA or BCBA-D

Parental or caregiver involvement is required during the session. The sessions are limited to 30 minutes a piece, with a maximum of three (3) sessions per week.

The following services **<u>cannot</u>** be completed via telemedicine:

- 1. Evaluations and re-evaluations. However, if an annual evaluation is due during this time, the deadline may be extended until the patient is able to come into the office.
- 2. Group Services.

To ensure quality and consistency of care to Medicaid beneficiaries, DMS will coordinate with the Office of the Medicaid Inspector General (OMIG) to conduct retrospective reviews and audits of these services during this time. Please keep all records of services as required by Medicaid physician billing and telemedicine rules.

### **Billing Instructions**

In addition to the billing instructions listed above, when requesting a PA through the eQHealth portal, the process type is the same process type currently used for submission.

### Note: The rate for approved services are the same.

When billing for these services you must include all modifiers on the claim. All Therapy claims submitted for Telemedicine must include the GT modifier and (02) as the place of service.

If you have any questions on billing please contact Portland Gilbert at Portland.Gilbert@dhs.arkansas.gov